



Eco-Tourism program in Myanmar



2 weeks in Lampi Marine National Park - South of Myanmar

First Period: 16/02/2020 - 29/02/20 Second Period: 1/03/2020 – 14/03/2020



Are you passionate about the environment? Are you looking for a life-changing experience and a way to challenge and improve your skills while learning about South East Asia tropical islands ecosystems?

Get ready for two weeks in south of Myanmar, in the heart of Myeik Archipelago, one of the most astonishing places of the country! You will be based in Lampi Marine National Park, the first and only Marine National Park of Myanmar, making your time meaningful to local communities and help protect fragile ecosystems.

1

GET IN TOUCH

Write us an e-mail to express your interest. We'll give you all the information you need!

2

APPLY

Fill the form with your data and send it with your CV in English and a motivation letter explaining why you want to participate.

3

BOOK YOUR FLIGHT!

We'll contact you to confirm your participation. Then it's time to book your flight and make your documents ready!

Contribution for 14 days

1.170 \$

per person for a group of 5 volunteers



Discover

Amazing nature, hidden paradise, unique culture.



Participate

Engage with local communities, help protect the environment and promote sustainable lifestyle.



Learn

Learn more about marine ecosystems and Moken (sea gypsies) culture.

What would I do as an eco-tourist?

As eco-tourist you will be involved and support the activities of the environmental INGO “Istituto Oikos” in the management of the Park, raise awareness on sustainable lifestyle and development of ecotourism initiatives.

The idea behind this volunteer program is to alternate environmental activities, such as patrolling, surveys and awareness campaigns, with ecotourism development activities, such as English speaking classes, local guide trainings, story-telling.

Environmental conservation and environmental awareness campaigns

You will organize environmental awareness campaign and clean-up campaign with and for local communities and school children in the Park.

Ecotourism development

You will participate in promotion of ecotourism initiatives, for example training local guides to improve their skills. Ecotourism is promoted as a way to decrease pressure on natural resources, decrease illegal activities while representing an alternative income for local communities.



Support the Park Staff

You will support Park staff in their activities of patrolling and collection of data (birds monitoring, jungle and beach patrolling, sea turtle nest monitoring, etc.).

Marine surveys and marine environment protection

You will receive a special training in marine biology and species recognition, then you will support in the conduction of a marine survey.

Mangrove survey

You will know more about mangrove ecosystems and conservation with field activities in one of the rivers of the untouched Lampi island.



LAMPI MARINE NATIONAL PARK

Lampipi Marine National Park (LMNP) was designated in 1996, it is located in the southern part of Myeik Archipelago in Tanintharyi Region, Myanmar. It comprises

Lampipi, the biggest island of the Park and the core of the site, and about 20 other smaller **islands** in its surroundings.

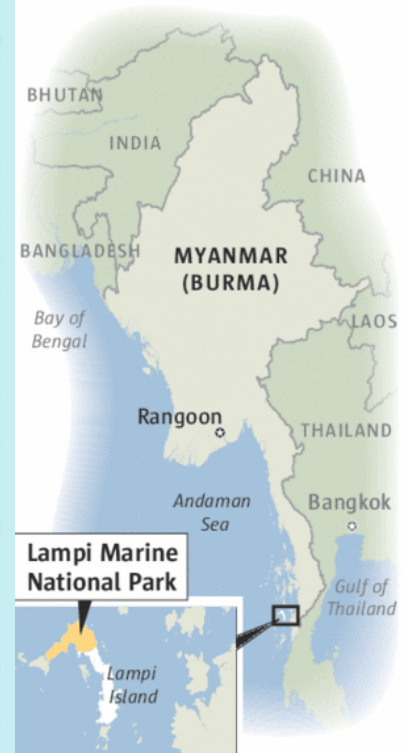
Lampipi island is covered by tropical lowland wet evergreen **forest** in the interior, **mangrove** forest along rivers and fresh-water sources, and **beach** and dune forest along the coast.

The Park protects a rich **biodiversity**, with more than 50 terrestrial and marine endangered species. The whole area is rich in **coral reefs**, seaweed and seagrass beds which serve as important habitats for mollusks, crustaceans, echinoderms, fishes and it is home to whale species and sea turtles.

The protected area provides food, water and energy sources to the local population.

Spiritual and cultural values are attributed to the site by **Moken**, sea gypsies, who consider Lampipi as a “Mother island”.

More on: www.lampipark.org



Source: Esri
MARK NOWLIN / THE SEATTLE TIMES



What is included?

- ✓ Before leaving: referent person from Istituto Oikos to answer your questions
- ✓ Travel Authorization to overnight in the Park for 2 weeks.
- ✓ Kawthaung Airport pick-up.
- ✓ First night in hotel in Kawthaung.
- ✓ First dinner in Kawthaung.
- ✓ Accommodation in shared room in Lampi Marine National Park.
- ✓ Breakfast while on the island.
- ✓ Transportation from/to Kawthaung and Lampi at the beginning and at the end of the program.
- ✓ Internal boat transportation.
- ✓ Equipments (kayak, snorkeling gears, binoculars, other materials needed).
- ✓ International marine biologist and local assistant for all the period.

“Protecting delicate ecosystems and local culture means offering sustainable economic alternatives to the local communities.”

What is not included?

- ✓ Flight to and from Kawthaung
- ✓ Tourist Visa for Myanmar
- ✓ Insurance
- ✓ Cost for vaccination (none is compulsory)
- ✓ Food: there are some cozy village restaurants on the island, or you can use the shared kitchen.



Istituto Oikos it is a non-profit Italian organization that operates in Europe and in the South of the world to safeguard **biodiversity** and to promote the widespread adoption of more **sustainable** lifestyles.

VISION: A future in which ecology, economy and equity come together to reconcile the needs of man and the environment.

MISSION: To contribute to preserve ecosystems and supporting development through professionalism, innovation and participation.

In **Myanamr**, since 2007 Oikos is working in collaboration with the Ministry of Natural Resources and Environmental Conservation to promote the **conservation** and sustainable management of natural resources, with **local** population and authorities as stakeholders.

Discover more on
www.istituto-oikos.org

What do you need for being the best eco-tourist?

- ➔ To be highly motivated
- ➔ To be open-minded
- ➔ Willingness for learning
- ➔ Adaptability for living in a small and isolated tropical island
- ➔ Having a lot of patience
- ➔ To be prepared for the adventure
- ➔ To understand and accept different culture
- ➔ Commitment to sustainability and environmental protection.



Contact us!
info@lotoftravel.com

PROGRAM OF THE WEEKS

Day 1: Arrival in Kawthaung, welcoming by Istituto Oikos staff, presentation of supervisors and projects in the area. Free time. First night in Kawthaung.

Day 2: Travel by car and boat to Makyone Galet, in the heart of Lampi Marine National Park. Check-in at the Visitor Center. Introduction to the village and to the local associations. Brainstorming about expectations and organization of the weeks.

Day 3: First mission with Park Staff to set camera traps for fauna monitoring on Lampi island and hydrophone to study evidence of the dugong. English conversation and games with people of the village and local associations.

Day 4: Briefing about marine biology and species of the Archipelago. Practical training in the intertidal zone; species and habitat recognition.

Day 5: Mission by boat for marine survey underwater conducted by snorkeling.

Day 6: DAY OFF - * possibility to do half-day diving with extra cost

Day 7: Briefing about database and insertion of data from surveys. Second mission with Park Staff in nearby islands for flying foxes sunset monitoring (by boat).

Day 8: Organization of awareness activity and Clean-Up campaign. Activities in English for local associations and children.

Day 9: Ecotourism development in a nearby island: training local guide/english/food/others. Conduction of environmental awareness for the village

Day 10: Clean-up Day: Presentation of possible way to reuse trash, clean-up in the village, workshop.

Day 11: Mangrove day: mission to mangrove area, species recognition by kayak and hydrophone recollection.

Day 12: Third mission with Park staff: camera trap collection, environmental awareness to another village and monitoring of plain-poached hornbill at sunset.

Day 13: Camera trap's videos and hydrophone's audio analysis and data insertion. Free time to say goodbye.

Day 14: Travel back to Kawthaung.